Recovery & After-Hours Guidance

General safety framework only. The surgeon's procedure-specific discharge instructions control.

EMERGENCY - CALL 911 NOW

- [ ] Difficulty breathing, chest pain, fainting, blue lips, or severe allergic reaction
- [ ] Signs of stroke, severe confusion, or inability to awaken normally
- [ ] Uncontrolled or rapidly worsening bleeding
- [ ] Any rapidly worsening condition that appears life-threatening

Do not wait for an office callback and do not drive yourself.

URGENT - CALL THE SURGICAL TEAM

- [ ] Bleeding that does not stop with the measures in your discharge plan
- [ ] Rapidly increasing swelling or marked asymmetry
- [ ] Severe or worsening pain not controlled by the prescribed plan
- [ ] Inability to urinate
- [ ] Fever at or above the threshold in your discharge instructions, or 101 F if no threshold was provided
- [ ] Spreading redness, foul drainage, pus, wound separation, or worsening odor
- [ ] Persistent vomiting or inability to keep fluids down
- [ ] New calf pain/swelling, shortness of breath, or other possible clot symptom
- [ ] Any concern that feels urgent or substantially different from the expected course

ROUTINE RECOVERY LOG

Procedure / date

Surgeon

After-hours number

Next appointment

Medication schedule and special instructions

Symptoms/questions to discuss

Never use a website form, ordinary email, text message, voicemail, or social media for an emergency. These channels may not be monitored continuously. Follow the contact pathway printed in your discharge instructions.

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SIGNATURE

Printed name

Date

Signature (sign after printing or use an approved e-signature workflow)

By signing, I confirm that I reviewed this form and that the information I provided is accurate to the best of my knowledge.